

the**class**  
of**one**



 foundation

*Welcome to*  
the **Parent**  
**Toddler**  
**Programme**



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A fresh start  
to new beginnings.



# The Class Of One Parent Programme

## Toddler



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Let your child achieve these milestones with us by the help of Playful Activities and Interactions to engage your child meaningfully and develop interest to learn. We focus on developing interest and curiosity to learn by allowing them to explore.



## Gross Motor Skills- Dance/Physical Activities



- Stand on tiptoes
- Kick a ball
- Start to run
- Climb on and down from furniture without help
- Walk backward and jumping
- Throw a ball overhand
- Carry a large toy or several toys while walking
- Scribble at will
- Turn over a container and pour out its contents
- Build a tower of four blocks or more

## Sensory Skills



- Sits to look at books independently
- Pays attention for 3 minutes
- Explores surroundings
- Points to 5-6 parts of a doll when asked
- Enjoy exploring all five senses – sight, sound, taste, touch and smell. Sensory skill trainings
- The ability to hear sounds, distinguish between similar sounds or words, and separate relevant speech from background noise.





## Language Skills

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- Point to things or pictures when they are named
- Know the names of parents, siblings, body parts, and objects
- Say a sentence with two to four words
- Follow simple Instructions
- Repeat words overheard in a conversation
- Vocabulary, instructions, answering basic questions
- The ability to clearly pronounce individual sounds in words and sentences



## Social/Emotional Skills

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- Copy others, especially adults and older children
- Get excited around other kids
- Show growing independence
- Discipline skills when they show increasing defiance (doing things you told them not to do)
- Interact with other children
- Be more aware of themselves as separate from others
- Sharing, respecting, listening, cooperating, eye contact, expressing feelings



## Cognitive Skills (Learning and Thinking)

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- Be able to follow simple instructions or two-part instructions (such as "drink your milk, then give me the cup")
- Use trial and error to start problem-solving – for example, if they can't fit a puzzle piece in one spot, they might try it somewhere else
- Find things even when they're hidden under two or three layers
- Sorting, shapes and colors. Sort objects by category (i.e., animals, flowers, trees, etc)
- Complete sentences and rhymes in familiar books
- Imitate more complex adult actions (playing house, pretending to do laundry, etc)
- Match objects with their uses
- Name objects in a picture book
- Stack rings on a peg from largest to smallest
- The sequential multi-step task/activity performance to achieve a well-defined result





Once your

child turns 

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you're likely to see some big changes in your little one almost every month. They're likely gaining some independence as they begin to navigate their environment on their own. And there's a good chance they're showing interest in trying to do more things without your help. TCO1 has initiated 2 programs mentioned below to achieve all these developmental milestones with the help of play-way activities.



Particulars	Toddler	Pre School
Age group	1.8 - 2.4 year	2.5 – 3 year
	20 - 28 months	29 - 36 months
Fee Structure	Rs. 9000	Rs. 9000
Batch Size	1:5	1:5
Course size	3 months	3 months
Session duration	60 min	60 min
Daily Class Schedule	15+5+10+5+10+5+10	15+5+10+5+10+5+10
	<b>15 min break</b>	<b>15 min break</b>
	<b>45 min activities</b>	<b>45 min activities</b>
Weekly engagement	3 days in a week	3 days in a week
Dance Class/Physical education	✓	✓
Gross Motor skills	✓	✓
Fine motor skills		✓
Social-emotional skills	✓	✓
Speech and phonetics skills	✓	

Particulars	Toddler	Pre School
Cognitive skills		✓
Sensory skills		✓
Language skills		✓
Craft and Paintings	✓	✓
Life skills		✓
Toys and Activity kits	Buy from amazon	Buy from amazon
Stationery kits	List will be shared	List will be shared
Course Books	None	None
Work sheets		Yes, Parents will take prints
Picture Books	Buy from amazon	Buy from amazon



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